



Shaved Brussel Sprout Salad & Creamy Maple Dressing

Ingredients

Combine the following:

20-25 large Brussel Sprouts

1/2 cup roasted pumpkin seeds

1 1/2 cups toasted pecan halves

1 large honey crisp apple, diced

1 cup dried fruit (blueberries, cranberries, or cherries)

1 cream maple dressing (recipe below)

Creamy Maple Dressing

1/4 cup mayo

1/4 cup olive oil

1/4 cup maple syrup

1/2 T Dijon mustard

1 T apple cider vinegar

1 t salt

1/4 t pepper

Tip:

If serving only a few people, you might add the dressing on the side because if you keep it overnight with the dressing, it tends to get soggy.

Prep Time: 20 minutes

Serves: 6

Difficulty: Easy